

OMED 2016 and International Plant-based Nutrition Healthcare Conference are Scheduled Back-to-Back in Anaheim September 17-24

The American Osteopathic Association (AOA) produced OMED 2016 will take place at the Anaheim Convention Center September 17-20, with the 4th annual [International Plant-based Nutrition Healthcare Conference](#), produced by The Plantrician Project, set for September 21-24 at the Anaheim Marriott. Science shows that optimal dietary lifestyle is essential to the osteopathic mission of treating the whole person.

With [OMED 2016](#) drawing thousands of osteopaths to Anaheim, CA September 17-20, the International Plant-based Nutrition Healthcare Conference, set in the same location for September 21-24, will be attended by DO's, MD's, and a wide array of other medical professionals interested in learning the science that supports the efficacy of whole food, plant-based nutrition as a prescription for prevention, treatment and even reversal of lifestyle-related chronic disease. More and more osteopaths are recognizing that whole food, plant-based nutrition is integral to their mission of treating the whole person.

Ted Crawford, DO, is attending both conferences. "I'm taking advantage of both OMED 2016 and the International Plant-based Nutrition Healthcare Conference being in the same place this year," said Crawford. As a repeat attendee of the latter, Crawford says, "It is the most enlightening and rewarding medical conference I've ever attended—it will change the way you live and how you treat your patients."

"This year's conference uncovers the reversible roots of disease, with the most up to date science from leading experts around the world," said Scott Stoll, co-founder of the International Plant-based Nutrition Healthcare Conference. "Optimal dietary lifestyle can be easily applied to your patients' lives to help them overcome their disease challenges. I believe this is the most valuable CME medical opportunity for any person involved in healthcare delivery."

With 80% or more of all healthcare spending tied to the treatment of conditions rooted in poor lifestyle choices, dietary lifestyle is recognized as a primary driver. The medical community is awakening to the urgent need to integrate preventive, nutritional medicine into clinical practice.

"The most powerful medicine we can prescribe to our patients is a whole foods plant-based diet," says Crawford. "Physicians deserve the knowledge to be able to confidently implement this vital modality into our practices—to not only treat, but heal our patients. This needs to be our first line of treatment."

The International Plant-based Nutrition Healthcare Conference is produced by [The Plantrician Project](#), a 501c3 not-for-profit organization dedicated to producing educational events, tools and resources for physicians, healthcare practitioners and those they serve. Having launched [PlantBasedDocs.com](#) earlier this year, The Plantrician Project is also meeting the needs of its constituency with the new [Culinary Rx](#) nutrition literacy and plant-based cooking online course and the [Plant-based Nutrition Quick Start Guide](#), now available as a patient education resource in both English and Spanish.



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